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GAS GOUGE?
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FOR LESS THIS
SUMMER {page 20}

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Wednesday, June 29,
2011

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News worth
sharing.

Her. Likeness



► Singer Alicia Keys poses with her wax figure during the Alicia Keys Wax Figure Unveiling at Madame Tussauds yesterday in New York City.

JEMAL COUNTESS/GETTY IMAGES

Keys hits a double note

Yoga helps at-risk youth

► 'Yoga class is the only time I feel like I'm not in jail': 19-year-old participant ► New Leaf Yoga Foundation was created in 2007

Troubled teens are often looked upon with scorn and derision, thrust into detention centres and correctional facilities, where they become society's forgotten children.

Rather than becoming another unfortunate statistic, incarcerated youth in London are getting an opportunity to make a change in their lives — a new beginning with an old art.

Moksha Yoga London has teamed up with the New Leaf Yoga Foundation to use the ancient method of practised poses and controlled breathing as a way to help at-risk and disadvantaged youth.

Rob Thomaes, co-owner of the Moksha Yoga London studio, has been involved with the foundation since 2008. The studio provides instructors, who enter detention centres to teach incarcerated teens about the benefits of



► Rob Thomaes

yoga.

"(They're always) told what to do, when to eat, when to sleep, what to wear," said Thomaes. "(Yoga) gives them freedom and an outlet to burn excess energy. It's a positive, productive activity; they are used to doing things that are negative."

Once kids in the program are released from the corrections sys-

Correctional yoga

- The studio has raised more than \$7,500 for the New Leaf Yoga Foundation, which sets up programs in detention facilities across the province.
- They work with Wycliffe Booth House, Genest Detention Centre and King Street Detention correctional facilities.

tem, Thomaes ensures that each member of the program receives free yoga services at the studio for as long as they want them.

"I feel tension being lifted and everything I was stressing about was gone," said one of the program's participants, a 15-year-old, whose identity is kept confidential for legal purposes. The quote is found on newleafyoga.org.

● MIKE ARSENAULT

Canada



Miss Teen London-World, Kelsey Johnson in person!

Canada Day

Powwow 12noon, 8' Canada Flag Cake 1pm, Spectacular Fireworks at dusk!
Harris Park, An Accessible & Family Friendly Event, Free Admission, Bring a Lawn Chair

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www.CelebrateCanada.info



1
news

Study finds Arctic ice melt is 30 years ahead of what many scientists had previously thought.

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In tomorrow's Metro



As the CFL season kicks off, Dan Toth runs down the odds on who will win the Grey Cup this year.

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► John Milloy, left, minister of Training, Colleges and Universities, operates a remote-controlled vibratory compactor as Khalil Ramal, second from right, MPP for London Fanshawe, and Attorney General Chris Bentley, MPP for London West, watch. The compactor was used to "cut" the ribbon at the opening of the expansion of the Labourers' Local 1059 Regional Training Centre at 56 Firestone Blvd. yesterday.

Training centre opens opportunity

► The 12,500-square-foot expansion is in addition to the current 20,000-square-foot facility
► More than \$10 million has been invested in the training centre and its equipment ► 3,000 workers belong to LIUNA (Labourers' International Union of North America, Local 1059)



MIKE ARSENAULT
LONDON@METRONEWS.CA

Skilled trades are one of the driving forces of the provincial economy.

In particular, construction trades are responsible for providing the necessary infrastructure for a variety of services.

The expansion of the Labourers' Local 1059 Regional Training Centre was

built with the hope of continuing that mandate by giving southwestern Ontario's skilled workers a place to learn new techniques on state-of-the-art equipment.

"We now have the capacity to train over 100 apprentices at a time.... Skilled workers have a tremendous impact on the London economy," Jim MacKinnon, Local 1059's

business manager, said at a news conference yesterday.

As first reported at metronews.ca, the training centre's goal is to ensure there are enough skilled labourers to meet market demands, and that the expansion will also help the union's constituency during an economic downturn.

"The more skills and

"The value of (Local) 1059 skilled trades is essential to infrastructure throughout the province."

MAYOR JOE FONTANA

safety training we can provide our apprentices, the more job opportunities that will become available.

If one sector suffers job loss, our workers will be equipped to move to other areas," said Mike Ropp, training and apprenticeship co-ordinator of the Regional Training Centre.

The Labourers' Union is also partnered with Fanshawe College to provide training for pre-apprentices and apprentices in the brick and stonemason trade.

London school board tackles Internet, social media bullying

Armed with a series of new recommendations, the director of education says the Thames Valley School Board is now better equipped to tackle the problem of bullying.

Director Bill Tucker was to release the final report from the anti-bullying task force at last night's board meeting.

Among the highlights, the 17-page report calls for a community-wide cam-

paign and better education when it comes to cyber-bullying.

"That's an area that's creating great challenges not only to school boards but to our community," said Tucker.

"How do we combat effectively and together the negative effects of bullying through the Internet and social media? That's an area that we have to continue exploring." AM980/AM980.CA

In response to...

The director of education launched the task force last year after the death of 13-year-old Bryten Brown, whose family directed memorial donations to the London Anti-Bullying Coalition.

15-year-old caught in police chase

A 15-year-old London boy is facing a number of charges after police had to puncture the tires of a pickup truck to end a chase in southern Ontario's Lambton County.

Lambton Ontario Provincial Police say they saw the truck veering erratically on Forest Road just after midnight yesterday.

Police have charged the teen with dangerous and

impaired driving, possession of property obtained by crime under \$5,000 and flight from police.

An officer attempted to stop the vehicle but was unable to do so until a spike belt was laid down on Highway 402.

A 16-year-old male passenger from London was arrested as well.

Both were scheduled to appear in court yesterday. THE CANADIAN PRESS

Breast cancer. Awareness

► Decked out in pink: Ian Roden, owner of The Works, stands with staffers, from left, Madison Kerr, Justine Devenport, Lindsay Sleeth and Vilija Valadka in front of the newly painted bistro.

MARINA BRKLIJACA/FOR METRO

The Works is lookin' a bit rosier

The Works has turned pink for Paint Canada Pink week. Owner Ian Roden said the gourmet burger bistro will stay pink for the next few months to continue to raise awareness about breast cancer. The Works is one of several local businesses supporting CIBC Run for the Cure London through the Boobalicious campaign. Today and Sunday, proceeds from the sales of the Double Berry Pink Army Shake will go toward breast cancer research and awareness.

Provincial election needs more women, group says

► Equal Voice says women's concerns are better heard when at least one-third of the politicians are female

A national organization is warning that Ontario needs more women to run in the fall election to improve female representation in provincial politics.

Equal Voice says there's still time to increase the number before nominations close on Sept. 15.

The Liberals are leading the way proportionally at

31% Almost 31 per cent of the candidates nominated so far in the Oct. 6 race are women.

43 per cent, with 32 women nominated so far among 75 candidates.

The New Democrats sit at 38 per cent, with 25 women among their 65

candidates.

The Tories stand at 22 per cent — or 21 among their 95 candidates — while the Green party is lagging at 18 per cent, with just seven women among its 39 candidates.

Twenty-seven per cent of the MPPs elected in 2007 were women.

THE CANADIAN PRESS

Take Liberal plan with 'grain of salt': Auditor

A plan by Ontario's Liberal government to slash the increase in annual spending by almost 400 per cent is too optimistic and could lead to service cuts, auditor general Jim McCarter warned yesterday.

The Liberals increased spending by 7.2 per cent a year since they were elected in 2003, but in the March budget vowed to cut the growth in spending to 1.8 per cent annually to help trim the \$16.7-billion deficit.

Ontario voters, who head to the polls Oct. 6, should view the Liberal plan with "a moderately big grain of salt," said McCarter. "Basically take that into consideration when you look at the pre-election report."

The Liberals' revenue projections were fine, he said, but their plan to keep the growth in spending be-



► Auditor general Jim McCarter

low the rate of inflation for the next three years is "aggressive" rather than prudent.

"You've really got to have a pretty hard look at the assumptions underlying those expenses, and you may be forced to make some hard decisions from a service-delivery point of view," said McCarter.

The auditor general's

Health care

► Expecting to find billions of dollars in health savings with a growing and aging population may prove too optimistic, cautioned McCarter.

► Health care eats up 42 per cent of all program spending by the province, and the government hopes to find efficiencies by getting people out of hospitals and into community-based services or home care, but those services are hard to find, he said.

pre-election report on the province's financial plan was a requirement set up by the Liberals after they won the 2003 election and found the previous PC government had hidden a deficit of \$5.6 billion.

THE CANADIAN PRESS

SIU clears officers in elder's injury

The director of the Special Investigations Unit has determined there are no reasonable grounds to charge London police officers in connection with injuries suffered by a 70-year-old woman during an arrest last month.

The agency says the officers had lawful authority to make the arrest and the woman had no reason to interfere. AM980/AM980.CA

Gryphons play Toronto tonight

The USL W-League London Gryphons will take on their inter-conference rivals, the Toronto Lady Lynx, some of the top elite women's soccer players in North America, tonight at 7:30 p.m. at North London Stadium Fields.

The Gryphons picked up their first point of the season with a 2-2 tie against the Hamilton FC Rage last Wednesday night. ● METRO

Londoners face weapons charges

Two Londoners and a Toronto man face weapons charges after police searched a car on Dearness Drive at Dunelm Drive early Sunday.

Police have charged London residents Sliman Husaini and Jouda Jouda, both 22, with numerous firearms charges.

Toronto's Adnan Omar, 24, also faces firearms charges. ● METRO

LASIK MYTH #3

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Pope tweets for first time

Pope Benedict XVI yesterday tweeted for the first time, announcing the launch of a Vatican news information portal.

Benedict's tweet read: "Dear Friends, I just launched News.va Praised be our Lord Jesus Christ! With my prayers and blessings, Benedictus XVI."

The portal www.news.va

for the first time aggregates information from the Vatican's various print, online, radio and television media. It's the latest effort by the Vatican to bring its evangelizing message to a greater, Internet-savvy audience and follows forays into Facebook, Twitter and YouTube.

THE ASSOCIATED PRESS



► The Pope launches the Vatican news portal yesterday.

Ex-sex king turns to politics

► Thai tycoon vows one-man anti-corruption reality check on government

As the super-pimp who once ran Thailand's biggest brothel empire and then exposed the police kick-backs he had to pay for it to flourish, Chuvit Kamolvisit feels uniquely qualified to lead the country's fight against corruption.

And in his quest to win a parliament seat in elections Sunday, the 49-year-old one-time massage-parlour king is betting a public tired of divisive, hypocritical leaders will agree.

Politicians "are like diapers — you have to change them," Chuvit said in an interview, referring to a campaign poster that features him cradling a toddler. "Otherwise it's too dirty."

THE ASSOCIATED PRESS



► In this June 21 photo, Chuvit Kamolvisit, former owner of a string of massage parlours, takes pictures with his supporters during an election campaign for his Rak Thailand Party in Bangkok, Thailand.

\$300K

Prostitution is illegal in Thailand but rarely prosecuted. Chuvit's massage parlours were thinly disguised brothels, and he doesn't see anything wrong with them — except the payoffs police demanded.

'The street truth'

► With the air and swagger of a mafia don, the mustachioed Chuvit Kamolvisit plays the part of former sex boss well. Since selling off his brothels, he has become a kind of pimp-turned-Robin Hood — exploiting his own sordid

past to legitimize his crusade against graft.

► It all began in 2003, when he was accused of the unauthorized, overnight demolition of scores of unlicensed bars and shops from a downtown Bangkok block he owned. The brutal move erupted into a major public scandal, and when the police failed to protect

him, Chuvit fought back by exposing the behemoth bribes he had to pay to keep his mighty empire of flesh running.

► Eight years on, he said, corruption is still "eating this country and nobody cares." He admits there's not much he can do about it, but whoever listens will "hear the truth ... the street truth."

Last shuttle flies July 8

The last space shuttle launch ever is set for July 8.

NASA managers met at Kennedy Space Center yesterday and confirmed Friday, July 8, as the launch date for Atlantis. The 12-day mission will close out the 30-year shuttle program.

Atlantis will fly to the International Space Station with a year's worth of sup-

plies. Four astronauts will be on board for this grand finale.

NASA spent the past week testing a new fuel valve that was installed in one of Atlantis' main engines to stop a leak. Officials say everything looks good. Launch time is 11:26 a.m. eastern time.

THE ASSOCIATED PRESS

News in brief

Injury stats rise

STATSCAN. A new study says about 4.27 million Canadians aged 12 or older suffered an injury severe enough to limit their usual activities in 2009-10. The Statistics Canada study found the overall injury rate in

2009-10 was 15 per cent, up from 13 per cent in 2001. **THE CANADIAN PRESS**

Slaughter rite ban

HOLLAND. The Netherlands passed a bill banning slaughter of livestock without stunning, removing an exemption allowing orthodox Dutch Jews and Muslims to butcher animals according to centuries-old dietary rules. **THE ASSOCIATED PRESS**

Athens clashes in pictures

PHOTOS
1. PETROS KARADIAS/THE ASSOCIATED PRESS
2. THANASSIS STAVRAKIS/THE ASSOCIATED PRESS
3. THE ASSOCIATED PRESS
4. PETROS KARADIAS/THE ASSOCIATED PRESS
5. THANASSIS STAVRAKIS/THE ASSOCIATED PRESS



1 Riot police arrest a protester during a demonstration in Athens yesterday. Youths hurled rocks and fire bombs at riot police in central Athens yesterday as a general strike against new austerity measures brought the country to a standstill.

2 A Greek orthodox priest covers his face to protect himself from the effects of tear gas during the demonstration.

3 A protester and a riot policeman take a cigarette break together.

4 Athens demonstrators burn an umbrella.

5 A protester walks in the midst of tear gas.
THE ASSOCIATED PRESS

Battle after Kabul hotel bombing

► Four massive explosions rocked the hotel ► Violence up in Kabul since killing of Osama bin Laden

NATO helicopters fired rockets at gunmen on the rooftop of a besieged Kabul hotel early yesterday, ending a more than four-hour standoff between militants and police that left at least seven dead and eight others wounded, Afghan officials said.

Interior Ministry spokesman Sediq Sediqqi said six suicide bombers attacked the Intercontinental Hotel frequented by Afghan officials and foreign visitors. He said two were killed by hotel guards at the beginning of the attack and four others either blew themselves up or were killed in the airstrike or by Afghan security forces.

The Taliban claimed responsibility for the rare, nighttime attack in the capital — an apparent attempt to show that they remain potent despite heavy pressure from coalition and Afghan security forces.

The attackers were heavily armed with machine-

Talks

- U.S., Pakistan and Afghanistan officials met Tuesday in Kabul to discuss making peace with Taliban insurgents.
- A conference to discuss the Afghan security forces' takeover was scheduled for today.

guns, anti-aircraft weapons, rocket-propelled grenades, hand grenades and grenade launchers, the Afghan officials said. Afghan police rushed to the scene and firefights broke out. They battled for hours with gunmen who were on the roof.

Some Afghan provincial officials were among the 60 to 70 guests staying at the hotel.

The attack occurred nearly a week after President Barack Obama announced the withdrawal of troops and the end of the American combat role by 2014. **THE ASSOCIATED PRESS**



► This video image shows Afghan police vehicles near the Intercontinental Hotel in Kabul yesterday following an attack on the hotel by six suicide bombers.

15-year-old drove van that struck officer

A Toronto-area police officer was dragged 300 metres to his death yesterday by the 15-year-old driver of a minivan, which had been pulled over on a rural highway, police say.

York Regional police Chief Eric Jolliffe says Const. Garrett Styles stopped a van carrying four young people at about 5 a.m. in the town of East Gwillimbury, north of Toronto.

The 32-year-old officer

was at the driver's door when the van accelerated, dragging him nearly a third of a kilometre before rolling over and pinning Styles, Jolliffe said.

Firefighters were able to free the officer from the vehicle but he died about an hour later in hospital.

"A tragedy for us, his family and the community," Jolliffe said.

The teen driver from Toronto's York Region,



► York Regional police Chief Eric Jolliffe addresses a news conference about the death of Const. Garrett Styles, shown in a photo beside him, who was struck and killed by a vehicle, driven by a 15-year-old, in Newmarket, yesterday.

who can't be named because he is underage, is in hospital with serious injuries. The other passengers, also youths, are co-operating with police.

Styles was married with a two-year-old daughter and nine-week-old son. He was to turn 33 on Sunday. His wife Melissa has a civilian job with York Regional Police. His father, Gary, is a recent retiree from the force.

THE CANADIAN PRESS

Line of duty

- Const. Garrett Styles received 82 per cent on his sergeant's promotional exam and received three letters of recognition.
- His death comes months after Toronto Police Sgt. Ryan Russell was struck and killed by a snowplow.
- Det. Const. Robert Plunkett was the last York Regional Police officer killed in 2007.

Soldier honoured on home soil

The body of a Canadian soldier who died in Afghanistan will return home for a repatriation ceremony today at Canadian Forces Base Trenton. Master

Cpl. Francis Roy was found dead at a forward operating base in Kandahar on Saturday. The official cause of death will be determined in an autopsy. **THE CANADIAN PRESS**

Flotilla ship sabotaged in port: Activists

Pro-Palestinian activists who plan to breach Israel's sea blockade of the Gaza Strip said yesterday that they had increased security after an alleged sabotage on one of the vessels in a

Greek port. Scandinavian organizers said "hostile divers" had cut the propeller shaft. They said the damage can be repaired and it will not affect their plans. **THE ASSOCIATED PRESS**

RCMP investigates twin teen stabbing

Counsellors are helping students at an Alberta high school deal with the violent deaths of twin 17-year-old brothers. Friends say James and William Beck were

stabbed Sunday night at a Fort McMurray park and were pronounced dead in hospital. The RCMP will not say if they have suspects or a motive. **THE CANADIAN PRESS**

Market moment



TSX
+ 138.5
(13,105)



Dollar
+ 0.41¢
(101.76¢ US)



Oil
+ \$2.28
(\$92.89 US)

Natural gas
1,000 cu ft
\$4.333 US
(+ 7.7¢)

Gold
contract
\$1,500.20 US
(+ \$3.80)

Bidder emerges for sinking MySpace

News Corp. has put its struggling social network site MySpace on the block. A source said the company is looking to cut a deal this

week, and ad-targeting firm Specific Media has emerged as a front-runner in the bidding. The deal would be worth up to \$40 million US, and MySpace will shed more than half of its staff of 500, the source said.

News Corp. paid \$580 million US for the site in 2005, but its business deteriorated as rival Facebook took off. **THE ASSOCIATED PRESS**

Google stifles competition, new lawsuit complains

► French Internet search engine accuses Google of 'blacklisting' its sites, depriving it of revenue

Google faces a new legal challenge in Europe after French Internet company 1plusV filed a \$411-million lawsuit yesterday saying the search-engine giant unfairly squeezed out competitors in France.

The suit comes soon after the U.S. Federal Trade Commission, following the lead of European regulators, started investigating claims that Google has abused its dominance of Internet searching and advertising to stifle competition.

1plusV, based in Versailles, operates more than 30 specialty search engines in French. The company says it became impossible for users to find its sites via Google searches, and claims that Google did this intentionally. This kind of

Group session

- Google is taking another stab at social networking with a project it calls Google+.
- Google+ aims to make online sharing more like real life. A feature called Circles lets users share things with different groups of friends, colleagues or relatives.
- Facebook has a similar feature called Groups.

"blacklisting" deprived the 1plusV sites of advertising revenue, the company argues.

1plusV is one of several companies that have complained to the European Commission about Google's practices.

THE ASSOCIATED PRESS

An Important Notice for Adult Ontarians Living with Diabetes

Living with diabetes is not easy, but managing it day-to-day really means taking good care of yourself.

There are three key tests that people living with diabetes should receive on a regular basis. They are:

- the **HbA1C blood glucose control test**, which patients should receive at least every six months
- the **LDL-C cholesterol test**, which patients should receive every year
- a **retinal eye exam**, which patients should receive every two years

The Diabetes Testing Report was created to help inform your primary care provider (physician or nurse practitioner in a Nurse Practitioner-Led Clinic) of when you last had each of these three tests.

People living with diabetes who are tested regularly are better able to manage their diabetes and avoid complications. The Diabetes Testing Report will help you and your primary care provider better manage your diabetes care by reminding him or her if you are overdue for an HbA1C test, LDL-C test or retinal eye exam, and it will encourage you and your primary care provider to talk about your diabetes care.

Protecting Your Privacy

In order to create the Diabetes Testing Report, your primary care provider may share personal health information, including your name, OHIP number, and date of birth, with the Ministry of Health and Long-Term Care (MOHLTC). He or she will also confirm whether you have diabetes. In response, the MOHLTC will share the most recent dates of each of the three tests with your provider. Your privacy is important, and you are not required to have your information included in this report.

Deciding Not to Share Your Information

You may decide that you do not want your primary care provider to disclose your information to the MOHLTC, and that you do not wish to be included in your provider's Diabetes Testing Reports. If you choose to withhold or withdraw your consent, this will in no way affect your relationship with your health care provider and he or she will continue to provide care to you.

If you wish to withhold or withdraw your consent to having your information disclosed by your primary care provider and in any Diabetes Testing Reports that MOHLTC sends to your primary care provider, call **1-800-291-1405 (TTY: 1-800-387-5559)**. If you have previously withheld or withdrawn your consent to have your information included on the Diabetes Testing Report, you do not need to withhold or withdraw your consent again. If you wish to reinstate your consent, you can do so by calling the number above.

In Ontario, the Personal Health Information Protection Act, 2004 (PHIPA) is the legislation that governs the collection, use, retention, and disclosure of personal health information by health information custodians, including MOHLTC and primary care providers. For more information about the collection, use, and disclosure of your personal health information for the purposes of the Diabetes Testing Report, call the numbers listed above. For more information about diabetes, visit ontario.ca/diabetes.

Beef. Ban lifted



► Cattle graze winter pasture in the foothills of the Canadian Rockies near Longview, Alta.

JEFF MCINTOSH/THE CANADIAN PRESS

A fortune at steak

South Korea will resume imports of Canadian beef, lifting an eight-year ban imposed over fears of bovine spongiform encephalopathy, which ravaged the industry nearly a decade ago. South Korea was the last major Asian country to end the ban.

THESE BOOTS WEREN'T MADE FOR WALKING

JUST
SAYIN' ...

PAUL SULLIVAN
METRO



of Toronto's Bloor and Yonge or Vancouver's Robson and Thurlow with a determined gait reminiscent of Mistress Paddywhack.

Apparently, the small cadre of sadists (masochists?) who rule the fashion world have determined that bondage chic has replaced heroin chic, and now otherwise sane females look as if their feet have been captured by aliens.

Wherever I look, women's shoes have morphed into something Darth Vader would wear if he were into cross-dressing. ("I am your motha, Luke.") Even the fashion blogs have trouble describing them: "Nine West collections this autumn/winter are truly something many will lack words to describe."

You've got that right unless you're willing to come clean and admit that bondage is the basis for this bold design trend. One blog, written by the superbly named Tania Braukämper, takes the wraps off the whole sordid affair: "Like so many other things that were only recently considered too sexually charged to see the light of day, in a few short years the leather harness has infiltrated the realms of what we consider fashionable."

Wait a minute. Did she say leather harness? Yes,

she did, and her post is accompanied by a photo of a young woman in various states of extreme bondage to match her shoes. She appears to be 17 feet tall on account of her 12-foot spike heels.

According to Braukämper, when bondage and fetish fashion first hit our trend radars back in 2009 (so long ago) it was all bodycon, leather, studs and chains. "But it's progressed. It's moved on." To leather harnesses. How long will it be before any self-respecting personal assistant won't be caught dead on the subway without her whip? Accessorize!

Maybe I'm making too much of this, but after watching these poor, trussed-up wretches wobble across the street, I feel compelled to speak out: Women of the world unite! You have nothing to lose but your bodycon, leather, studs and chains (not to mention your harnesses!) Strike a blow for sensible shoes!

I remember a generation of women who fought for equal rights and equal pay, for control over their own bodies and their own place in the sun. But did the struggle include the right to orthopedic surgery? I guess so.

Meanwhile, I wonder what Ms. Fashionista sees when she gets dressed to go to work in her bondage kit? Probably only a secret code that says I buy all my shoes in New York/Paris/London. And you don't.

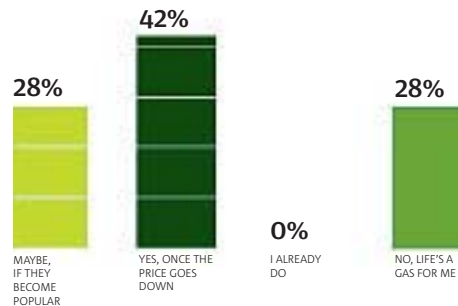
Read more of Paul Sullivan's columns at metronews.ca/justsaying

What's with women's shoes? Women everywhere are squeezing their feet into what can only be described as bondage booties and wobbling across the intersection



Register at
metrolifepanel.ca
and take the quick poll

Would you ever drive an electric car?



Worth mentioning

BEIJING. China has counted its 1.34 billion people; now it's the pandas' turn.

After conducting a census of its human population last year, China is about to start a once-a-decade count of giant pandas in the wild.

The official China Daily reported more than 60 trackers were trained at Wanglang National Reserve in the southwestern province of Sichuan, which is believed to have the largest number of wild pandas in China.

They will collect droppings for DNA analysis, which will allow zoologists to track individual pandas and accurately estimate the population, Chen Youping, director of the reserve's administrative bureau, was quoted as saying by Xinhua News Agency.

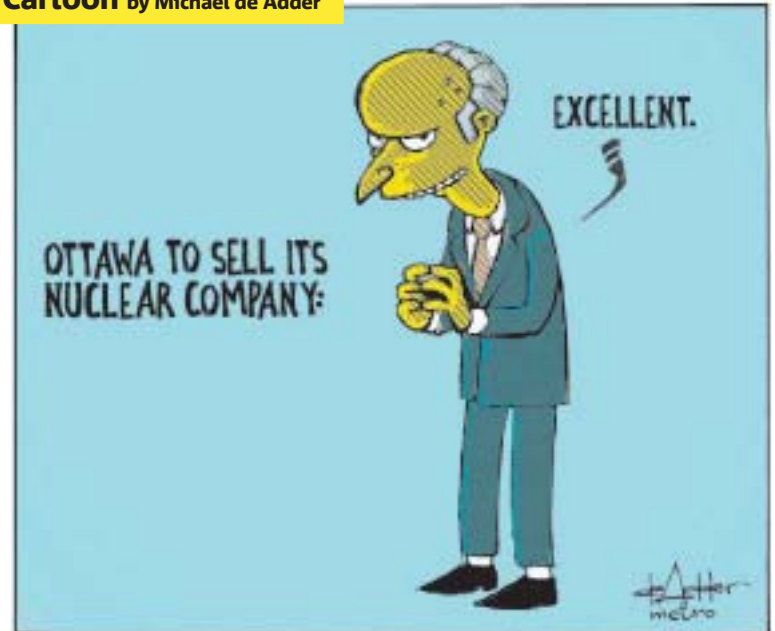
The census is also expected to reveal more on living conditions, age structure and changes of habitat of the endangered species.

The last census counted 1,596 wild pandas in China, 1,206 of which were living in Sichuan.

Wild pandas are threatened by a loss of habitat, poaching and for being poor breeders.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

What rhymes with red light, green light?

A rapper is awaiting word on whether he will face charges after staging a performance in New York City's Times Square from atop a traffic light pole.

The spectacle stopped traffic for hours at the end of the morning rush hour while police negotiated with the man.

Onlookers clicked photos and cheered. Police set up a cushion un-

der the pole for fear he would jump.

The man agreed to come down on a police ladder. He was taken to a hospital for evaluation.

Witnesses say the man was trying to hand out his own CDs in a store but was kicked out. That's when he climbed the pole.

THE ASSOCIATED PRESS



Local tweets



@Stew_Blair: Heading out in #ldnont for lunch with

my grandma. Nice to have family visiting from overseas!

@late2game: I think we need to start a tinfoil hat club in #LDNont so if any parents start complaining about wifi in schools we can "support" them.

@leanneperreault: Looking forward to #Fanshawe tour of #SGH this afternoon. Thanks to #SGHF ED Andrea Page for organizing.

@The_Lancer: To the elderly lady who gave me a new

pair of polo socks today at #UWO — Thank you!!! :)

@CityThink: Wow. Who knew the Lawson Prehistoric Village site was so world-renowned? Come on #ldnont Let's celebrate what we have?

@Labtech67: Ok #ldnont what is the best way to keep a 6-foot round kiddie pool clean without having to dump it out every other day?

@xoxo_Kirstie: Places I've slept in on campus: NCB, Nat Sci, Taylor lib, SSC, UCC, Weldon, Talbot College, Gym. Achievement I'm proud of? Perhaps #uwo

2
scene

The next Twilight?



Twilight author Stephenie Meyer's next big-screen project has a release date. Distributor Open Road Films announced Monday that the movie adaptation of Meyer's apocalyptic sci-fi novel *The Host* will arrive in theatres March 29, 2013. *The Host* is Meyer's follow-up to her bestselling *Twilight* series.

THE ASSOCIATED PRESS



Double duty for Callie Thorne in her new series, *Necessary Roughness* and, soon, *Rescue Me*

Movie review

**Transformers: Dark of the Moon****Genre:** Action/ Sci-Fi**Director:** Michael Bay**Stars:** Shia LaBeouf, Rosie Huntington-Whiteley and Tyrese Gibson

Set three years after the last *Transformers* movie Sam Witwicky (Shia LaBeouf) has an Ivy League education under his belt and a new girl on his arm.

A new job for a multinational company places Sam, once again, smack dab in the middle of a showdown between the nasty Decepticons and the heroic Autobots. The former are the bad guys, the latter are the white hats, other than that, you're on your own. There's a lot going on here, including an ulterior motive for JFK's space race, Chernobyl and an almost Shakespearean double cross.

Director Michael Bay has never been known for his restraint and in the past his overblown ascetic has gotten in the way of his storytelling. This time out he reigns in the story and choreographs the battle scenes so the clashing robots are no longer just blurs of glinting metal but clearly defined warriors.

By amping up the action and playing down the story Bay delivers the best *Transformers* yet.

● RICHARD CROUSE

4 set-in-Canada films

► Whether it's Maritimers taking on T.O. or a dying man staring at the world's biggest hockey stick, these movies take Cancon to a whole new level

**Goin' Down the Road (1970)**

The story of Pete (Doug McGrath) and his pal Joey (Paul Bradley), two Maritimers

who set out in a Chevy to find a better life in Toronto, (SCTV joked they were looking for "lawyerin' and doctorin' jobs") is a Canadian time capsule circa 1970.

**One Week (2008)**

The story of a dying man on a road trip is a love letter to Canada, showcasing landmarks — like the

world's biggest hockey stick — but its heartfelt story should appeal to everyone, whether they have the Queen on their money or someone else's mug.

**Jesus of Montreal (1989)**

Not only does Saint Joseph's Oratory represent Montreal in the game Monopoly: Here and Now: The

World Edition, it also provides a beautiful; backdrop for this classic Canadian film from acclaimed director Denys Arcand.

**waydowntown (2000)**

This satire of office life and urban living showcases Calgary's underground web of connecting tunnels.

You don't see much of the above ground life, but it gives you a glimpse of a little seen aspect of Albertan big city life.

Watch. Transformers**LONDON**

Rainbow Cinemas London
355 Wellington St., 519-434-3073

Transformers: Dark of the Moon 3D
(STC) Tue 9:30 Wed-Thu 12:45:3:45:6:45:9:45

Wellington 8 Cinemas

983 Wellington Rd. S, 519-685-2529

Transformers: Dark of the Moon
(STC) No Passes Wed-Thu 12:15:3:35:6:55:10:15

Transformers: Dark of the Moon 3D
(STC) No Passes Tue 9:30 No Passes Wed-Thu 12:3:20:6:40:10:05

Cineplex Odeon
Westmount & VIP

Cinemas
755 Wonderland Road South, 519-474-2796

Transformers: Dark of the Moon
(STC) No Passes Wed-Thu 11:50:3:15:6:40:10:10

Transformers: Dark of the Moon 3D
(STC) No Passes Tue 10:15:12:01 No Passes Wed-Thu 12:20:3:45:7:10:10:40 No Passes Tue 9:15 No Passes Wed 6:30:9:50 No Passes Thu 11:55:3:10:6:30:9:50

SilverCity London
1680 Richmond St, 519-673-4125

Transformers: Dark of the Moon
(STC) No Passes Tue 9:45 No Passes Wed-Thu 2:30:6:30:10

Transformers: Dark of the Moon 3D
(STC) No Passes Tue 10:15:12:01 No Passes Wed-Thu 12:12:20:3:25:3:45:6:50:7:10:10:20:10:40



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LaBeouf struggles with a public image

► Star admits it's not always easy being in the spotlight

Shia LaBeouf admits he doesn't have the best public image in Hollywood, but he just can't help being himself, the Transformers star tells Details magazine.

"I would like to be George Clooney — diplomatic. I just don't have the wherewithal yet or the inner serenity," he says.

"My bulls— meter is tuned very sensitive. The minute it starts kicking up, I get back to truth, and sometimes that involves, you know, 'I don't want to take a picture.' And if that's the case, am I an a—hole for being honest? Or am I an a—hole for being dishonest, smiling in your picture and I f—king hate being there? Which one is worse? These are the questions I ask myself that George Clooney doesn't ask."

Transformers 3, which will be available in 3-D, is being released in theatres today. The first two films were some of the highest grossing of that year.

● METRO

"I would like to be George Clooney — diplomatic."

SHIA LABEOUF



► Shia LaBeouf

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be fresh
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Celebrity tweets



"Thanks for voting me PETA's sexiest vegetarian now no one will be sure what I mean when I offer them a nut roast."

@rustyrocks



@HelenHunt

"I had 1 hour of free time today.

Wasn't sure if I shd surf or write. I surfed and saw a ballpoint pen floating in the water. SWEAR TO GOD."

Sucker Punch

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3 life

Bond experience



Visitors to the Florida Keys can now pretend to be, and actually fly like, James Bond, thanks to a new water-sport. Participants strap on a flight pack that looks like the one actor Sean Connery wore in Thunderball. Jetpack Adventures charges \$249 US for the 1.5-hour experience, which includes half an hour in flight.

THE ASSOCIATED PRESS



New travel pass customization means more choices, skipping lines and less money.



► Canada's Sports Hall of Fame opens July 1.



► A video of Jacques Villeneuve winning a race plays on a large screen in front of a Formula One race car once driven by Villeneuve.

Honouring Canada's athletes

► Canada's Sports Hall of Fame opens July 1 in Calgary ► Features hundreds of pieces of sports memorabilia from a Formula One race car to Terry Fox's iconic running shoe

Shadow-boxing with Lennox Lewis, wheelchair-racing against Chantal Petitclerc and re-living Jacques Villeneuve's championship Formula One season are just some of the interactive attractions at Canada's new Sports Hall of Fame.

Canada's sports shrine opens Friday in Calgary for a few hours for a free public preview before its official opening Saturday.

Once located on Toronto's Exhibition grounds, the Hall only existed online and in boxes in recent years as a search was conducted for a new home.

The 4,085-square-metre building houses a 120-seat theatre, 50 interactive displays and more than 1,000 artifacts. From the outside, part of the building looks like a tilted red Lego block.

Eleven galleries open onto, and are connected to, a central main hall, which has a statue of Wayne Gretzky stationed at its entrance. The main hall also features a photo-wall of honoured members.

There's an intimate feeling to the space, despite its size. Given the Hall's proximity to the new Athletic and Ice Complex under construction at COP and all the national teams training there, the interior was designed to feel like a sports clubhouse.

"Sport has always needed a place to come together," said the Hall's CEO Claire Buffone-Blair. "We feel Canada's Sports Hall of Fame can be that club-

house for Canadian sport."

Permanent statues in the Hall include Gretzky, diver Sylvie Bernier, figure skater Barbara Ann Scott, curler Sandra Schmirler, runner Philip Edwards, Kentucky Derby winner Northern Dancer and cross-country skiing pioneer Herman (Jackrabbit) Smith-Johannsen, who lived to 111.

Alex Baumann's two Olympic gold medals in swimming had rarely been out of his safe until they were put under glass in the hall. Baumann says while the medals were locked away, his children saw them only once.

"I always had duplicates to travel with because I didn't want to lose them. I never pulled them out ... It's much better to be displayed here."

Michelle Cameron's Olympic gold medal in synchronized swimming — she and Carolyn Waldo won the duet in 1988 — is there along with one of her swimsuits.

"It does give me goose bumps seeing it here," Cameron said. "It's a little bit emotional actually. To have it here among the greatest athletes Canada has seen, it's pretty cool for it to be in a home like this."

Former Crazy Canuck Ken Read noted how beat up his ski helmet looked in a display that included his boots and gloves.

"It kind of shows a little bit of age because it's nearly 30-plus years old," he said. THE CANADIAN PRESS



► A statue of Wayne Gretzky welcomes visitors to Canada's Sports Hall of Fame in Calgary.



► The T-shirt worn by Canadian icon Terry Fox lies in a display case next to the shoe he dipped in the Atlantic ocean before starting his cross-country run.

Inductees

- This year's inductees will be hockey player Ray Bourque, football player Lui Passaglia, Paralympian Lauren Woolstencroft, triathlete Peter Reid, soccer player Andrea Neil and International Olympic Committee member Dick Pound.
- The first induction ceremony at the new Sports Hall of Fame will be Nov. 8.
- General admission to the Hall will be \$12 for adults.

Rev your engines for Collection X

► Harley-Davidson raids archive ► Motorcycle maker showcases rarely seen items in its Milwaukee exhibit

A new exhibit at the Harley-Davidson Museum is proof the Milwaukee motorcycle maker is about much more than its classic hogs.

An all-leather motorcycle made in Japan, rarely seen prototype bikes and a rocket engine that powered drone missiles during the Vietnam War are just a few of the items the company has dug out of its archive for "Collection X: Weird, Wild Wonders of the Harley-Davidson Museum."

The museum's senior curator, Kristen Jones, said certain items were chosen to tell particular stories when the museum opened nearly three years ago. But many got left in storage, only to be glimpsed by museum goers on special behind-the-scenes tours.

It's from those tours

Special exhibit

"Collection X: Weird, Wild Wonders" is on display through Aug. 21.

► **Address:** 400 W. Canal St., Milwaukee, Wis., 414-287-2789

► **Open:** Sunday to Wednesday, 9 a.m. - 6 p.m.; Thursday, 9 a.m. - 8 p.m.; Friday to Saturday, 9 a.m. - 6 p.m.

► **Price:** Adults, \$16; children 5-17, \$10; under 5, free.

that curators got the idea to put together the new exhibit, said Jim Fricke, curatorial director.

"You see the look on people's faces when you let them into the climate-controlled storage area and we begin to pull out this treasure," he said. "So

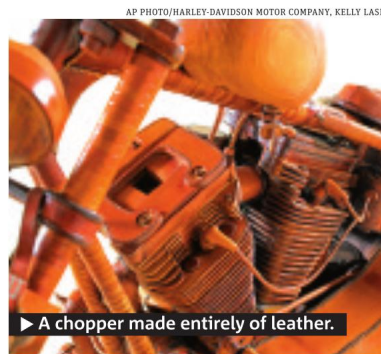
we decided to play off the kind of mystery embodied in the kind of secret storehouse. That's where the theme came from."

The exhibit, which runs through Aug. 21, includes a 1920s leather aviator's face mask, a tiered "trophy cake" that displays racing trophies from the early 1900s and handmade kidney belts that riders wore through the years.

"There are a lot of different chapters, and there are chapters that aren't as well-known as others," said museum vice-president Bill Davidson, the great-grandson of Harley-Davidson Motor Co. co-founder William A. Davidson, describing the history of the company where he's worked most of his life. **THE ASSOCIATED PRESS**



► A three-wheel vehicle from the 1980s.



► A chopper made entirely of leather.



► A liquid-cooled motorcross bike from 1978, when the company considered getting into that market.



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Travel Jul 13 - Jul 20/pd + taxes & fees \$120

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Air + 9 Nights 4-Star

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Mercury Sydney Potts Point + taxes & fees \$722
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USA

Las Vegas Air + 4 Nights

\$235

Imperial Palace + taxes & fees \$307
INCLUDES accom on the Strip.

Departs Jul 24/swg/wg. **UPGRADE** to 4-star Luxor for \$15 per night. **ADD** Vegas Passport Bachelor/Bachelorette Party pass for \$76.

New York City Air + 3 Nights

\$475

Days Hotel Broadway + taxes & fees \$103
INCLUDES Manhattan accom. Departs Aug 14, 21/ggv/dl. **UPGRADE** to 4-star Grand Hyatt New York for \$45 per night. **ADD** theatre tickets to Chicago, Billy Elliott, Mary Poppins, or Memphis for \$143.

San Francisco Air + 3 Nights

\$649

Beresford Hotel + taxes & fees \$131
INCLUDES accom near sights and attractions. Departs Sep 11, 18, 25/ggv/ws. **ADD** wine country tour for \$69.

Los Angeles Air + 4 Nights 4-Star

\$699

Omni Hotel Los Angeles + taxes & fees \$130
INCLUDES accom in the downtown district. Departs Aug 14, 18/ggv/dl.

Hawai'i Air + 7 Nights

\$849

Park Shore Waikiki + taxes & fees \$168
INCLUDES Waikiki accom across the street from the beach. Departs Sep 30/wsv/ws. **ADD** Ali'i Kai Sunset Dinner Sail for \$88.

Europe

Glasgow

Air + First 2 Nights

\$269

Express by Holiday Inn Glasgow + taxes & fees \$522
INCLUDES central accom. Departs Oct 3/ggv/ts. **ADD** hop-on hop-off tour for \$18.

Amsterdam Air + First 2 Nights

\$519

Blue Tower + taxes & fees \$346
INCLUDES accom near public transport. Departs Jul 6/vat/ts.

Budapest & Prague

Air + 7 Nights

\$789

City Hotel Pilvax, Dalimi Hotel + taxes & fees \$440
INCLUDES airfare to Budapest, return from Prague, the first 3 nights accom in Budapest and last 4 nights accom in Prague. Departs Oct 9, 23/ggv/os. **ADD** European East Pass for \$256.

Berlin Air + First 3 Nights

\$824

Citadines Berlin + taxes & fees \$712
INCLUDES accom near sights and attractions. Departs Oct 2/ggv/af.

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Go on a world tour with tabbouleh

► This refreshing Middle Eastern salad allows for different combinations of whole grains, herbs and vegetables

MATTHEW MEAD/ THE ASSOCIATED PRESS

When in doubt, add whole grains. Or even better, start with them.

When you're assembling your salads for this year's summer gatherings, consider this trio of naturally healthy tabbouleh.

Tabbouleh is a Middle Eastern salad of bulgur wheat, parsley and tomatoes flavoured with mint, scallions, lemon juice and olive oil.

Composed primarily of whole grains and vegetables, this dish is low in calories and high in fibre and protein.

Using different combinations of whole grains, herbs and vegetables, you also can create similarly nutritious and delicious tabbouleh-like salads. Being a cold salad, with no mayonnaise, this dish is perfect for a barbecue or picnic. **THE ASSOCIATED PRESS**

California Tabbouleh

Preparation:

1 In a medium bowl, toss apple with vinegar. Add remaining ingredients, then toss well. Season

Ingredients:

- 1 Granny Smith apple, diced
- 45 ml (3 tbsp) cider vinegar
- 500 ml (2 cups) cooked and cooled brown rice
- 1 small fennel bulb, cubed
- 125 ml (1/2 cup) chopped fresh parsley
- 30 ml (2 tbsp) chopped fresh thyme
- 50 ml (1/4 cup) chopped fresh chives
- 30 ml (2 tbsp) honey
- 15 ml (1 tbsp) olive oil
- 50 ml (1/4 cup) crumbled blue cheese
- 50 ml (1/4 cup) toasted sliced almonds
- Salt and black pepper

with dash of salt and black pepper.

Nutrition info per serving: 290 calories, 90 calories from fat (30 per cent of total calories); 10 g fat; 5 mg cholesterol; 45 g carbohydrates; 7 g proteins; 6 g fibre; 160 mg sodium



► Tabbouleh can be served with pita chips, scooped into a pita pocket or in a lettuce cup.

Tropical Tabbouleh

Preparation:

1 In a medium bowl, combine all ingredients. Toss well, then season with salt and pepper.

Nutrition info per serving: 200 calories, 70

calories from fat (33 per cent of total calories); 8 g fat; 0 mg cholesterol;

33 g carbohydrates; 3 g proteins; 5 g fibre; 10 mg sodium

Ingredients:

- 500 ml (2 cups) cooked and cooled pearl barley
- 250 ml (1 cup) firmly packed chopped fresh cilantro
- 125 ml (1/2 cup) chopped fresh mint
- 3 scallions, sliced
- 45 ml (3 tbsp) lime juice
- 30 ml (2 tbsp) extra-virgin olive oil
- 250 ml (1 cup) diced mango
- 1 ml (1/4 tsp) allspice
- Salt and ground black pepper, to taste

Mediterranean Tabbouleh

Preparation:

1 In a medium bowl, combine all ingredients. Toss well, then season with salt and pepper.

Ingredients:

- 500 ml (2 cups) cooked and cooled farro
- 250 ml (1 cup) chopped fresh basil
- 125 ml (1/2 cup) chopped fresh mint
- 50 ml (1/4 cup) finely chopped red onion
- 45 ml (3 tbsp) balsamic vinegar
- 30 ml (2 tbsp) chopped oil-packed sun-dried tomato
- 15 ml (1 tbsp) oil from sun-dried tomatoes
- 30 ml (2 tbsp) chopped black olives
- 1 yellow bell pepper, cored and diced
- 50 ml (1/4 cup) crumbled feta cheese
- Salt and black pepper

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A POCKET GUIDE TO WORKPLACE PRIVACY

WORKPLACE LAW

DANIEL LUBLIN
DAN@CANADA
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TWITTER: @DANLUBLIN



As the boundaries between employees' personal and work lives become increasingly blurred, we receive more and more questions about the boundaries of privacy in the workplace. Consider this your cheat sheet on some of the more commonly asked questions at work:

Medical information

Does your employer have a "right" to your entire medical history when you request a medical leave? The answer is no. An employer has a right to know when

you will return and what accommodation, if any, you require.

Facebook and Twitter

Once you post information online, it is no longer private. Consider whether comments you make at the workplace would merit discipline. If so, the fact those comments are virtual makes no difference. Also, beware of the status update. In one recent case where an employee took time off to mourn the death of a friend but then posted that he was "in the City and ready to party," his employer fired him for dishonesty. Can you blame them?

References

I am often asked whether it is "legal" for a former employer to provide a negative reference. Generally, the answer is yes. As long as an opinion is honestly provided, the in-



► Peeved at the big cheese? Don't post it on the internet. Employers have grounds to reprimand employees based on social media posts.

dividual providing it cannot be successfully sued, even if you disagree with what was said. Further, when you provide the name of a reference to a prospective employer,

you implicitly provide permission to contact him or her.

Surveillance

There is generally no "right" to privacy in the

workplace, although there are exceptions. Surveillance evidence, for example, can only be used if there is a reasonable basis to justify it, such as employee theft, and after ap-

propriate warnings. In a recent Ontario case, the court found that a hidden camera secretly installed in a manager's office had no basis to be there and awarded an employee severance even though she had resigned.

Workplace computers

While there is no right to privacy in personal information held in employer's computers, an appellate court recently concluded that information within personal computers used for work does not belong to your employer. Although the distinction seems subtle, this ruling could extend to personal BlackBerrys and cellphones, meaning that whoever owns the device owns all of the contents, regardless of what it is used for.

DANIEL LUBLIN IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP.

Atul Mahajan, CMA
President & CEO
Oshawa Power and Utilities Corporation

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Atul Mahajan, President and CEO of Oshawa Power and Utilities Corp., knows a thing or two about being energy-efficient. His company supplies electricity to over 50,000 customers. To reduce energy losses, they utilize innovative generation solutions including harnessing solar energy. For the company to become even greener, Atul will need to use the full power of his CMA. As a leader it's his job to envision the changes ahead and then help his team make it a reality. With a CMA like Atul leading the charge, the future may be closer than you think. Visit becomeacma.com to see Atul's film.

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Benefit from a personal brand

STUDENT VOICE

CHIRS DIONNE
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Pursuing a post-graduate education was always in the cards for me. I knew I needed more than your average BA in today's competitive job market.

What I didn't know, however, was how important it was to craft a personal brand as part of the job hunt.

When I graduated from York University, I had a single internship under my belt. I was working on search engine optimization and social media at a Toronto museum, receiving credits for a fourth year course. I'd like to think I was hired based on my experience as a

cast member at Walt Disney World, making dreams come true and practicing great customer service.

On graduation day, with my degree in hand, I was offered a summer internship at Canada Helps, a dynamic charitable foundation based in Toronto. This time I'd like to think I was hired for my SEO and social media savvy, highlighting the skills I had developed at the museum.

Now I was beginning to connect the dots in my career path. I understood the importance of leveraging the value of past work experiences to receive new opportunities. My experience with the Walt Disney Company got me the job at the museum, which led to my job at the charitable foundation.



► Chris Dionne believes post-secondary schools should place a greater emphasis on helping future graduates develop unique and impressive online personalities.

Unfortunately, this still left me without a full-time job.

I persevered and enrolled in the public relations post-graduate program at Humber Col-

lege, renowned for its reputation and connections in the PR industry. I also adopted an online image, learned the importance of crafting my personal brand, and began to con-

Where Chris is now

I'm currently an account coordinator at North Strategic, a new communications agency executing programs that are social by design. Working at an organization built from the ground-up is a thrilling opportunity for a fresh grad. I get to work closely with North's founders, and discover the industry through seasoned professionals.

nect with online influencers.

After attending Humber, I realized schools should place greater importance on helping students craft their own brand, developing a unique voice online. Connecting on LinkedIn, engaging on Twitter and blogging about relevant content provides students an opportunity to get their name out there, and increases their chances at gaining employment.

My advice for fellow students and recent grads

is to start creating your own brand. Upload a visual resumé on SlideShare, create an About.me profile or launch your own website if you're feeling ambitious.

With the right tools, launching your personal brand will get you noticed among other job applicants. Leverage the power of storytelling and reap the benefits.

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A hole in one

► When golfing with the boss, always behave like a pro

Many professionals will be asked to join their boss and clients for a round of golf this summer, and whether you play like a champion or rarely lift a club here are some tips about how to act on the course from Steve Stradiotto, a brewing specialist at Molson Coors and creator of Molson Canadian 67 Sublime, and CPGA professional Conor O'Shea.

Prepare for the round like it is a meeting Call the pro shop ahead of time to confirm the dress code. If you need to rent clubs make sure they have some available. If



► The key to a great golf game with the big guy is some advance planning.

you know your boss and clients are inclined to indulge at the 19th hole then plan ahead and offer to be the designated driver.

The warm-up Always visit the driving range. Start with some simple chipping and half swing shots; you'll establish a reliable tempo, warm up gradually and connect well with the ball.

Skip the shop talk Don't start talking about work unless your boss does. He/she

might want to know you a little better, learn about your favourite band, sports team or local pub.

Great putting is about speed control Focus on getting the ball to slow down as it nears the hole. The slower the ball is rolling the more likely it will be to fall in. A good rule is to take the putter back and through the same distance, one inch for every foot on a flat putt.

Beating your boss?

If it comes down to the last hole and you're tied - Make the putt. And if you do sink it, you should buy the first round of beer.

One good round deserves another

In Canada, having a beer on the course is often part of the experience. If your foursome wants to enjoy a round during the round, stick to a light beer and help keep your drive straight and your game in control. **NEWS CANADA**

Sinclair may not be cleared to play versus France

While the Canadian women's soccer team practised for one of its most important games ever, captain Christine Sinclair was alone pedalling a bicycle furiously around an adjacent field.

Sinclair may not be cleared to play tomorrow against France, a match the Canadians can't afford to lose if they're to advance at the FIFA Women's World Cup — and there's little the 28-year-old can do about it except hope.

"Obviously it could potentially be the biggest game of all of our careers in a couple of days, but we've got great doctors here who will hopefully get me ready," Sinclair said yesterday, through a swollen nose and bruised eyelids. "Obviously it's a time crunch in a tournament like this. But it's a 24-hour thing where we're trying to take care of it as best we can, make it heal it as quickly as possible."

"I don't know if you can stimulate bone growth," she added with a half-hearted laugh.

Sinclair had her nose broken during Canada's opening 2-1 loss to Germany, but convinced the team doctors to let her play on, scoring Canada's lone goal on a beautiful free kick.

THE CANADIAN PRESS



► Doug Gilmour was inducted into the Hockey Hall of Fame.

Haul of fame

► Belfour, Gilmour, Mark Howe, Nieuwendyk called to the hall ► Belfour, third-winningest goalie in NHL, lone 2011 inductee to get in on first ballot

Mark Howe didn't have to live up to the lofty standard set by his father Gordie in order to earn a spot alongside him in the Hockey Hall of Fame.

The younger Howe played much of his career in the shadow of his famous father, but found out yesterday that it was worthy of hockey's highest honour. He'll be enshrined in the hall alongside Ed Belfour, Joe Nieuwendyk and Doug Gilmour on Nov. 14.

"To get the phone call today kind of took my breath away," said Howe. "I don't consider myself in the class of players as the Gordie Howes and the Wayne Gretzkys and the Bobby Orrs, but to be mentioned in a class (like this one) means the world to me."

Howe was just 18 when he began his pro career as a forward for Houston in the World Hockey Association. It was a chance for the most famous family in hockey — at the time — to all wear

the same sweater.

Howe eventually moved on to the NHL when the Hartford Whalers were absorbed in 1979. Playing as a defenceman, he scored at least 15 goals on eight occasions and amassed 742 points over 16 NHL seasons.

The call from the hall was a long time coming for Howe, who had been eligible since 1998. Gilmour had been passed over every year since 2006 while Nieuwendyk missed out last June. THE CANADIAN PRESS

No Burns this year

- The 18-member selection committee decided not to elect someone in the builder's category for the first time since 1981.
- So it will be at least another year before former Maple Leafs coach Pat Burns is officially enshrined.
- There has been a strong push for the three-time Jack Adams Award winner, who died of cancer in November at age 58.

4

sports

Quoted



"I'm going to learn my lesson from what I did at The Players and apply it this time and come back when I'm 100 per cent. I don't know when that's going to be."

TIGER WOODS, SAYING HE WILL NOT RETURN TO GOLF UNTIL HE IS FULLY HEALTHY.



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EXPERIENCE THE PHENOMENON

Nadal practises on hurt foot

► Injury not as bad as first feared, says coach of top-seeded player

Give Uncle Toni credit for honesty.

Toni Nadal, Rafael's uncle and coach, watched Wimbledon's defending champion put in about an hour of practice on a left foot that's not as seriously injured as first feared, then offered this assessment to a handful of reporters yesterday:

"Even if he was 50 per cent, I would tell you he's 100 per cent. But he will be 100 per cent. Everything's fine."

The top-seeded Nadal plays 10th-seeded Mardy Fish of the United States in today's quarter-finals at the

All England Club. The other quarter-finals are No. 2 Novak Djokovic against 18-year-old Bernard Tomic of Australia, No. 3 Roger Federer against No. 12 Jo-Wilfried Tsonga of France, and No. 4 Andy Murray against unseeded Feliciano Lopez of Spain.

If the favourites all win, it would be the first time that the top-four seeded men all reached the semifinals at Wimbledon

since 1995, when Andre Agassi, Pete Sampras, Boris Becker and Goran Ivanisevic did it. Nadal, Djokovic, Federer and Murray filled out the final four at the French Open earlier this month; there never have

been consecutive Grand Slam tournaments with Nos. 1-4 in the

semifinals during the Open era, which began in 1968.

Past results suggest the quarter-finals shouldn't present too many problems for the sport's leading men.

Consider, first of all, the head-to-head records: Nadal is 5-0 vs. Fish; Federer is 4-1 vs. Tsonga; Murray is 4-0 vs. Lopez; Djokovic and Tomic never have played.

Nadal's 10 Grand Slam titles include two at Wimbledon, where he is 30-2 since the start of the 2006 tournament, with two runner-up finishes.

THE ASSOCIATED PRESS



► Maria Sharapova celebrates defeating Dominika Cibulkova.

Sharapova, Lisicki reach Wimbledon semifinals

Maria Sharapova looked like a champion under the Centre Court roof at Wimbledon, advancing to the semifinals at the All England Club for the first time since 2006 with a 6-1, 6-1 win yesterday over Dominika Cibulkova. Sharapova, the only Wimbledon champion re-

maining in the women's draw after the Williams sisters were eliminated a day earlier, won eight straight games to win the first set and take control of the second.

The fifth-seeded Russian has not lost a set at this year's tournament, and she was nowhere near losing one yesterday.

"It's been a few years since I got past the fourth round, and now I'm in the semifinals," said Sharapova, who won the tournament in 2004 and also reached the semifinals in '05. "So this is a great chance for me to take it a step further."

Sharapova will face German wild-card entry Sabine Lisicki. She reached her first Grand Slam semifinal by beating 2007 finalist Marion Bartoli 6-4, 6-7 (4), 6-1 on another wet day at Wimbledon.

"This is a player that's playing with a tremendous amount of confidence right now and playing really great grass-court tennis, so it'll be a really tough match but I certainly look forward to it," Sharapova said.

THE ASSOCIATED PRESS



NHL

Canucks trade Ehrhoff's rights to Isles

Christian Ehrhoff's days with the Vancouver Canucks are over.

The club announced yesterday that the rights to the defenceman have been traded to the New York Islanders for a fourth-round draft pick in 2012.

Ehrhoff is set to become an unrestricted free agent on Friday, the start of the free-agency period. The Islanders will have exclusive negotiation rights with the veteran until then.

Ehrhoff made \$3.1 million US last season.

The move comes hours after the Canucks signed top defenceman Kevin Bieksa to a five-year, \$23-million contract extension.

Ehrhoff was a solid contributor to the Canucks' first-overall finish in the 2010-11 regular season, putting up 50 points (14 goals, 36 assists) and a plus-19 rating in 79 games.

His numbers dipped in the playoffs, where he had 12 points in 23 games and a minus-13 rating. He was limited to one point in Vancouver's Stanley Cup final loss to Boston, and was on the ice for two of the Bruins' four goals in the deciding game. He said after the final that he had been playing with an injured shoulder.

THE CANADIAN PRESS

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Engine

The Versa will bring fuel economy to the forefront with a brand new 109-horsepower 1.6-litre four-cylinder engine. The powerplant replaces both the previous 107-horsepower 1.6, as well as the 122-horsepower 1.8-litre I4.

A five-speed manual gearbox carries over as before, while a continuously variable transmission (CVT) replaces the antiquated four-speed automatic that was offered on the previous 1.6- and 1.8-litre Versa.

Nice price

Nissan likes to brag about the Versa S base price that will likely be about \$14,000 (including destination charges). That would make it one of the least expensive cars on the road.

Even the tiny Smart for two model lists at more than \$500 above the Versa. The S offers just the basics, other than an adjustable steering wheel, however you'll have to use window cranks for raising and lowering the side glass and to unlock the front doors you're stuck with a key.

Trunk space

There's now slightly increased trunk space, giving the Versa the edge over the next-size-up Sentra in the stowage department.

The new Versa's all-new platform weighs about 70 kilograms less than the previous architecture. That should drop the overall weight below the 1,140-kilogram threshold, although the automaker hasn't yet divulged the final number.



Versa offers big space for a small price



MALCOLM GUNN
DRIVE@METRONEWS.CA
WHEELBASE MEDIA

The versatile Versa has hit its stride as the kind of car that even big and tall folks can ride in without having to be bent, folded or pretzeled.

It's an approach that in the past five years has gar-

nered a devoted following for Nissan's little run-about and should continue when the next-generation model makes its debut this summer.

Small cars are currently the hot ticket to ride, due mainly to ever-pricier trips to the fuel pump.

But just because the package is small doesn't mean your entourage/car-pool compatriots have to endure tortuously cramped quarters.

Small-car buyers these days have big expectations and automakers such as Nissan aim to deliver.

The all-new Versa sedan (a hatchback edition will likely arrive by the end of the year) maintains similar proportions to the 2011 model.

That translates into nearly the same amount of passenger space including, Nissan claims, more rear legroom than a BMW

5-series or a Mercedes-Benz E-Class sedan.

Where price is the whole point, the Versa is easily one of the more sensible and practical automobiles you can buy, along with being the most accommodating for both a wide and tall variety of passengers.

5

drive

By comparison

Chevrolet Sonic

Base price: \$15,000, est.
Upcoming Aveo replacement offers lots of power plus good fuel economy.

Ford Fiesta

Base price: \$14,000
Good-looking sedan and hatch models feature Euro-style handling.

Hyundai Accent

Base price: \$15,500, est.
2012 sedan and hatch feature 138-hp I4 plus impressive fuel economy.

WHEELBASE MEDIA

Plenty of horses in Lincoln luxury sedan

► Zephyr/MKZ offer average reliability and seem free of serious issues

SECOND GEAR



JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

Debuted in 2005, Lincoln's new-age entry-level model was called the Zephyr for a single year before being re-badged as the MKZ.

With available AWD and standard V6 power, this Fusion-based sedan was aimed at other entry-luxury machinery like the Hyundai Azera and Cadillac CTS.

For 2006, a 3.0-litre, 221-horsepower V6 was standard with an automatic six-speed transmission and front-wheel drive. The following year, engineers

What's the 4-1-1

- **Model:** 2006 to 2009 Lincoln Zephyr and MKZ
- **Vehicle type:** Luxury Sedan

specified a larger 3.5-litre V6 with 263 horsepower. All wheel drive became an option, too.

What Owners Like

Many owners report a quiet and very comfortable ride and plenty of performance. Styling, interior looks and interior appointments also tend to be highly rated. Praise for overall value and the THX audio system round out the package.

What Owners Dislike

Owners of earlier models tend to complain about



► 2006 Lincoln Zephyr

cheaper than expected interior parts and the potential durability thereof.

A large turning circle, wind noise at speed, and blind spots were also fairly common gripes. Finally, some folks wished for more sporty and planted handling.

Common Issues

Inspect the MKZ's interior

and exterior for signs of wear and tear. Some owners complain of "thin" sheetmetal that dents easily, as well as peeling or worn chrome trim on certain cosmetic parts.

Make double sure the air conditioning system works properly, and check for proper operation of all interior electronics and lights. Be sure the seat heaters

and coolers (if equipped) work properly, too.

A Ford/Lincoln mechanic should check beneath the vehicle for signs of wear and fluid leakage as well.

Note that AWD-equipped models may suffer from leaky transfer cases.

If that's the case on the model you're considering, have the seller get the issue

fixed before agreeing to purchase. An improper bolt in the power steering system could cause a fluid leak, too.

Finally, check the ceiling liner and footwell carpeting for signs of moisture that could be caused by a sunroof leak.

The Verdict

A Ford mechanic will be familiar with the common problems, service bulletins and recalls, as well as diagnosis and repair.

Ultimately, the MKZ's lower-than-average resale values, average reliability and higher-than-average feature content for the money will make it an attractive buy for many.



Check out Justin's video car reviews online at youtube.com/mr2pritch.

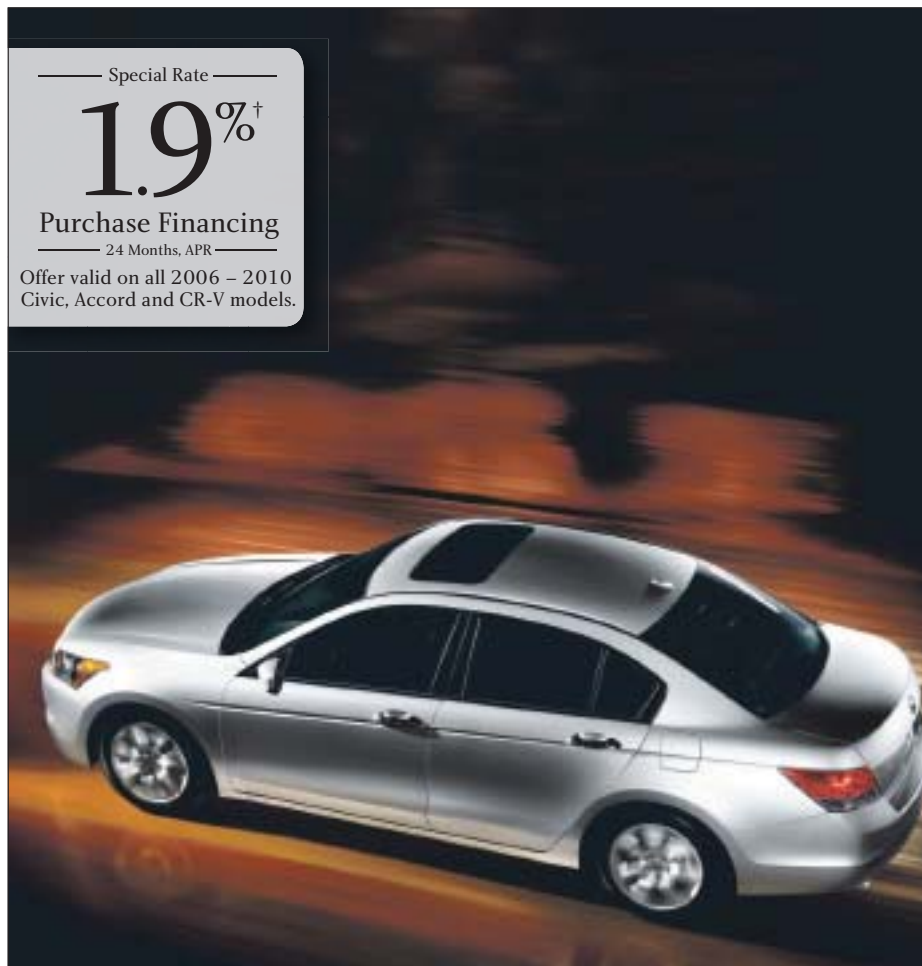
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[†]Limited time financing offer on all Honda Certified Used Vehicles available through Honda Financial Services, on approved credit. Offer only available up to 24 months on Honda Certified Used Honda Civic, Accord and CR-V models (2006–2010 model years). Finance example based on 2008 Honda Civic model: \$10,000 at 1.9% per annum equals \$424.96 per month for 24 months. Cost of borrowing is \$199.04 for a total obligation of \$10,199.04. Taxes, license, insurance, registration and fees are not included. See your Honda dealer for full details. Dealer may sell for less. Offer expires June 30, 2011.

CONTEMPLATING ABOUT A CERTAIN TWO-WHEELED DEVICE

AUTO PILOT



MIKE GOETZ
DRIVE
@METRONEWS.CA

Though I have yearned to own a motorcycle ever since high school, only this spring did I actually consummate the intention.

I wasn't necessarily looking for a vintage mount. So when I found myself riding home with a certain 1972 Honda CB350F — a bike that was actually on my radar during my late 1970s high-school years — I was trying to not see the bike

as a mid-life crisis kind of thing; like a time machine that might take me back to Funkytown.

I have no desire to go back to Funkytown.

Dr. Freud once noted that, "sometimes a cigar is just a cigar." So it stands to reason that, "sometimes a motorcycle is just a motorcycle."

It is also a fine motorcycle. When most everyone else was making shaky twin- and single-cylinder engines, Honda created a range of affordable motorcycles with super-smooth and powerful SOHC four-cylinder engines, first with the CB750 in 1969, then with the CB500 in 1971, and then with this CB350F in 1972.

Last month my wife, Diane, caught me sitting in a lawn chair just staring at the bike. I love the look of a well-designed engine.

I have to thank friend and fellow auto scribe, Dan



▶ Behold the 1972 Honda CB350F

Proudfoot, for offering the bike to me, and at a sympathetic price.

He enjoyed it and looked after it well, and I hope to do the same.

After I had the bike for a few weeks, Dan passed along a passage written by

Honda's founder and chief engineer, Soichiro Honda.

If I read it right, Honda believed that design could not be too harmonized or balanced, because it would then lack personality — like a person too perfectly dressed is somewhat man-

nequin-like. He felt the only way to infuse design with necessary personality is to allow an imperfection to harmony exist — but then make that discord "beautiful."

"Disadvantage is, in a sense, a factor that leads to

special character," said Honda.

Pundits of the day couldn't see why Honda even bothered to make a four-cylinder 350, when its two-cylinder CB350 was selling great, was almost as fast, and was priced almost \$1,000 cheaper.

And the pundits turned out to be right.

The CB350F was never popular.

The consensus was that Soichiro Honda just wanted to prove that he could do what no one else could — engineer and mass-produce a small, four-cylinder motorcycle.

Or ... maybe he knew all too well that a complicated, heavy engine wasn't really right for a small motorcycle, but just wanted to see if he could make it kind of beautiful, and in that way, interesting.

Or... maybe it's just a motorcycle and I should just ride the damn thing.

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Remember when it seemed unthinkable to have to pay \$1/L of gas? Now, most of us would jump with happiness to see prices going back to these rates — or even lower.

Even if you have accepted the fact that you'll have to pay more to fill the tank, adopting some fuel-efficient habits could go a long way in leaving you with some extra dollars in your wallet, without cramping your lifestyle.

According to an Autos.ca survey on fuel-efficient driving, high gas prices have motivated

most Canadians to either adopt or consider adopting fuel-efficient driving.

Among the ones willing to make an effort, 58 per cent said they were willing to reduce unnecessary idling and 56 per cent indicated being ready to drive more smoothly and evenly to reduce their gas consumption.

Proven fuel-efficient driving habits include:

Moderating Speed

Why rush? Respecting speed limits is not only safer, it will also reduce your gas consumption.

Reducing unnecessary idling

Turn off the engine while waiting for more than one-

On the web
More information on fuel-efficient driving habits or vehicles is available at autos.ca/auto-consumer-info.

two minutes. It's simple and will help you save on gas consumption with the added benefit of being more environment-friendly.

Maintaining proper tire pressure

Check your tire pressure,

especially before long trips.

Avoiding sudden accelerations

Smooth and even driving will not only help you save on gas, but will also reduce your stress level — and frustration from other drivers.

Follow the manufacturer's suggested vehicle maintenance

Change oil and air filters as directed by the manufacturer. Your vehicle will not only be more fuel-efficient, it will also reduce greenhouse gases.

Reduce vehicle load

Remove any unnecessary items in your vehicle, such as backpacks, strollers or sports equipment to avoid carrying unnecessary load — and de-clutter at the same time.

Doing it all at once



► With prices these days, gas stations are like a house of horrors, aren't they?

shouldn't be the focus — it's most important to start somewhere and add habits gradually as you grow more comfortable with them. NEWS CANADA



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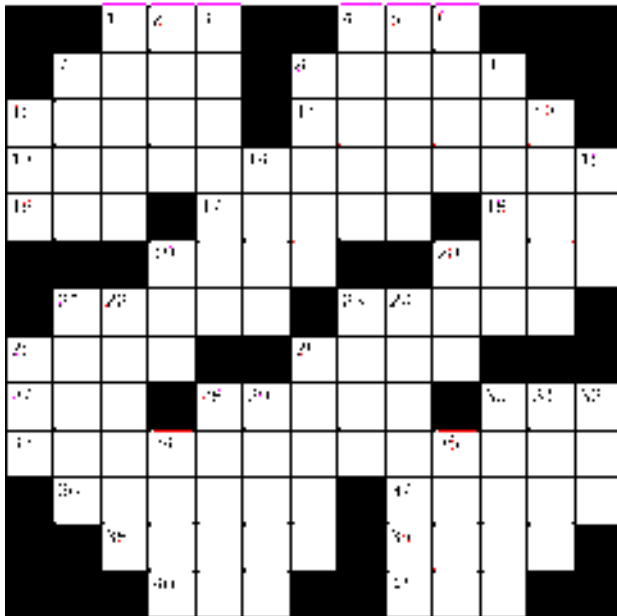
Crossword

Across

- 1 Rotating part
- 4 Existed
- 7 Deep-sea predator
- 8 Move to one side
- 10 Adversary
- 11 The external world
- 13 News crew member
- 16 Work with
- 17 Judicial apparel
- 18 "— was saying, ..."
- 19 Sheepish comments
- 20 A long time
- 21 Choir's rendition
- 23 Cheney's successor
- 25 Salamander
- 26 Sell
- 27 Raw rocks
- 28 Irving Berlin's "Blue —"
- 30 Afternoon social
- 33 13-Across' offering
- 36 "A Streetcar Named Desire" role
- 37 Bracelet adornment
- 38 Short fishing line
- 39 Slight amounts
- 40 James Bond, e.g.
- 41 Pigpen

Down

- 1 Minotaur's home
- 2 Pinnacle
- 3 Pertaining to a city election
- 4 7-Across, e.g.
- 5 Jam ingredients?
- 6 A size too small, maybe
- 7 Individuals
- 8 Uppity sorts



- 9 Battlefield prioritization
- 10 Ostrich's cousin
- 12 Ruhr Valley city
- 14 Wander
- 15 "— the season ..."
- 19 Cudgel
- 20 Toss in
- 21 Shimon of Israel
- 22 Workout garb
- 23 Milwaukee product
- 24 Entomologist's subjects
- 25 Promptly
- 26 Spreading fast on

- YouTube
- 28 Drag (Var.)
- 29 "An American in Paris" star
- 30 Sycophant
- 31 Blunders
- 32 \$ dispenser
- 34 Sawbucks
- 35 Terrific, in rap-speak

► Yesterday's answer



Today's horoscope

♈ Aries March 21-April 20
Someone dear to you feels rather left out. Aim to reassure him or her.

♉ Taurus April 21-May 21
You need to socialize more with people who share your outlook on life.

♊ Gemini May 22-June 21
Don't listen to those who say you are being too pushy because you are not being pushy enough.

♋ Cancer June 22-July 22
The grass may look greener on the other side of the fence, but you must finish what you started before trying something new.

♌ Leo July 23-Aug. 23
Get out and make sure everyone knows who you are and what you can do.

♍ Virgo Aug. 24-Sept. 22
It may not be true that everyone is out to get rich at your expense but you should act as if it is.

♎ Libra Sept. 23-Oct. 23
You will very soon reach a point where you have to slow down or risk collapse. Your health comes first — always.

♏ Scorpio Oct. 24-Nov. 22
Just because something sounds right, does not make it right. Be skeptical even if it grabs your attention.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21
Focus on what you are good at and don't be tempted to do things merely to impress other people.

♑ Capricorn Dec. 22-Jan. 20
You'll be overwhelmed by the number of people who want your help.

♒ Aquarius Jan. 21-Feb. 18
Make sure you get plenty of rest — your brain needs it as much as your body. If you don't, you'll regret it.

♓ Pisces Feb. 19-March 20.
Think before acting then think again just to be on the safe side.

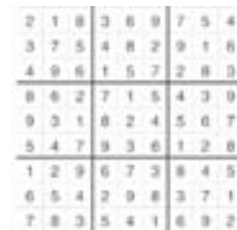
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Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.



Yesterday's answer ►



Caption contest



Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

MyHoney
My lovely lady..Hope you are doing OK. Praying for you. Take care of yourself4 me please. You are my love, my lady and my life. Stay strong. Can't thank you enough. **TRUE LOVER**

My little girl, Happy Birthday my love and just remember you will always be Daddy's little girl and he'll always love you. **DADDY**

Fathertobe, Wish u were there every time the baby was to be born, to be by my side, to hold me, to share the first glimpse of our baby, to let me know i looked ok, to hold me. u never were - and that is YOU. i did it alone every time hope u can make it on time for this one. due date is aug13 as per yesterdays ultrasound. baby is growing beautiful just like us - your eyes, my heart **LMOLE**

CARLOS JULIO MARTINEZ/THE ASSOCIATED PRESS

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WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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[†]On selected products only, from July 2 to July 7, 2011. Only available at Metro locations in London, Ontario, excluding St. Thomas store. Excludes tobacco products, Western Union, lottery, transit tickets, gift card purchases, prescriptions, prescription services and other professional pharmacy services. Some conditions apply. See in store for full details. ^{††}Bonus AIR MILES[®] reward miles available on selected products from June 19 to July 16, 2011 at the LCBO. While quantities last. Offer subject to change without notice. See store for details. ^{†††}On selected products only, from June 24 to July 7, 2011. Offer valid at Participating Rexall[™] and Rexall[™] Pharma Plus locations only in the province of Ontario, excluding the region of Thunder Bay. Offer subject to change without notice. AIR MILES Base and Bonus offers exclude prescriptions, products containing codeine, postal service, stamps, Gift Card Express, Rexall Pharma Plus Gift Cards, lottery, transit tickets and taxes. ^{††††}Offer valid from May 16 to July 24, 2011 at participating Shell Locations. Minimum \$50 Shell V-Power fuel purchase per transaction required to earn 20 AIR MILES reward miles. Minimum \$50 Shell Bronze, Silver or Shell Diesel fuel purchase per transaction required to earn 5 AIR MILES reward miles. Maximum number of Bonus reward miles earned per transaction with Shell V-Power fuel offer is 18. Maximum number of Bonus reward miles earned per transaction with Shell Bronze, Silver and Shell Diesel fuel offer is 3. No Coupon required, reward miles will be awarded automatically to your Collector account. AIR MILES reward miles Collector card must be swiped at the pump or presented in store at time of purchase. [‡]10 Bonus AIR MILES reward miles offer applies to each qualifying purchase of a minimum of \$50 at participating Metro Inc. (in London only), Rexall/PharmaPlus, LCBO and Shell Canada locations in Ontario (excluding Thunder Bay) charged to your BMO AIR MILES MasterCard (excluding BMO AIR MILES MasterCard for Business and BMO Gold AIR MILES MasterCard for Business) between 12:01 am on July 2, 2011 and 11:59 pm on July 3, 2011. Your BMO AIR MILES MasterCard transaction must be posted to your BMO AIR MILES MasterCard account by July 31, 2011. AIR MILES Super Bonus Event Bonus reward miles will be credited to your AIR MILES Collector Account up to 90 days after July 31, 2011. You may only receive one 10 Bonus reward miles offer per qualifying purchase. Your BMO AIR MILES MasterCard account must be in good standing. AIR MILES reward miles will be earned on the amount of all eligible purchases, less credits and returns. ^{®†}Registered trademark of Bank of Montreal. ^{®*}Registered trademark of MasterCard International Incorporated. [™]Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. Sponsor trademarks are owned by the respective Sponsors or authorized for their use in Canada.